

Corporate Membership Enhances Member Diversity

The Rotary Club of Ashmore was selected by Rotary International to participate in the Corporate Member Pilot Program from the 1st of July 2011 to 30th June 2014. This is an exciting opportunity for the Club to experiment with new approaches, techniques and methods of operating.

The Club is one of only 200 clubs worldwide to take part in this Corporate Pilot Program. There are 16 other pilot clubs in our Zone 8, (Australia).

The Corporate Member Pilot Program will allow a Corporation or Company in a Club's area to become a member of the Rotary Club and appoint up to 4 people to serve as Club Members. These corporate members will attend club meetings, participate in projects, and vote on club matters, and are eligible to serve as club officers and committee members. One of the designees must be a member of the corporation's senior executive group, but the others could hold any full time managerial role.

Only one of the designees would need to attend club meetings at a time, yet each would be considered an official member of the club and would be required to pay Rotary International and annual club dues, as determined by the club.

In an effort to accommodate changes that have occurred in our professional environments, in family structures and in our personal commitments, the Rotary International Board of Directors tests new ideas, methods and organisational framework for clubs by conducting pilot projects.



Four pilot programs for 2011-2014

- Associate Member Pilot
- *Corporate membership meeting at Southport Primary School*
- Corporate Member Pilot (Ashmore)
- Innovative and Flexible Rotary Club Pilot (Mt. Warning AM)
- Satellite Club Pilot

The Board and members of the Rotary Club of Ashmore are seizing this opportunity refreshing winds of change are blowing through the policies and procedures ... while our core value of doing good in the world remains a rock in these fast changing times.

Heather Yarker
Rotary Club of Ashmore

National Youth Science Forum (NYSF)

This is a twelve day program for students moving into Year 12 who are thinking about a career in science, engineering and technology. The NYSF helps students by introducing them to research and researchers, by encouraging the achievement of excellence in all their undertakings, and by helping to develop their communication and interpersonal skills. It also fosters discussion of, and interest in major national and global issues and emphasises the importance of maintaining continuing active interests in sport, arts and music.

The NYSF program consists of a mix of scientific, formal, personal development, and social activities. The program is run by students from the previous year's NYSF, who have been planning and improving the forum over the course of the previous year. During the NYSF the students stay at Burgmann College in Canberra and Currie Hall in Perth. ANU hosts the students at the two Canberra Forums and in Perth Curtin and UWA jointly host the program.

Rotary has been in partnership with the program since 1984 along with the Australian Government, major industry, national research institutes and universities. Rotary's role is to assist with selection of students. Over 2000 students from around Australia apply each year, with only 432 gaining selection.

Rotary reaches the length and breadth of the country, and as such is ideally placed to screen all candidates who apply. Not only is the forum looking for students with a love of science, but also students who can make the most of the opportunity to develop other skills such as communication, leadership and working collaboratively together.



• NYSF Orientation Day

This year, over 55 students from District 9640 applied online to attend NYSF2012. The selection day was held at Bond University on the Gold Coast on 17th July. 40 students attended the selection to compete for 18 coveted positions at the forum. Students were required to partake in a group activity, present a speech about an area of science that interested them, and also participate in an interview.

More than 20 Rotarians and friends of Rotary from District 9640 attended the day, to assist with judging students on their performance in their speeches and interviews. All Rotarians who attended reported the day as thoroughly enjoyable and inspiring. The most difficult part of the day as always, was announcing who was successful and who missed out. Each and every student showed promise and a commitment to a bright future in science.

If you would like more details about the NYSF program, or about how your club can become involved with the program in future, please contact **Meredith Graham** (District Chair NYSF Selections) on 0421352936 or meredith@harmonyvisioncare.com.au

CONCERNING CLUB ATTENDANCE

It is a condition of your Club's membership of Rotary International that a monthly attendance report is submitted to the District each month as per p.58 of the District Directory. At times up to 20 clubs in the District do not submit returns which makes the keeping of District membership numbers very difficult. May we have your support please??

There are now only two types of membership - Active and Honorary. All financial members of a club are considered to be Active members - and as such are counted in the total membership count. There is no 'leave of absence' from the club attendance count except for members under the **85 rule**.

Therefore, members who are given 'leave of absence' by the Board of the club (for an extended period) are still counted. However, Rotary is present in about 200 countries around the world and "make-ups" are easy to arrange. The Official Directory is freely available on the internet at www.rotary.org Just create an account and then sign in.

Under the **85 rule** where a member has an aggregate of 85 years or more, of combined age and continuous years in Rotary - then that member may apply to the Board of the club, in writing, to be excused attendance requirements. Up until the Council of Legislation meeting in 2010, these members did not count at all, however now they are counted whenever they attend. This adds one for every attendee on both sides of the equation. This is a bit tedious but makes the club figures look better.

I hope this is helpful. While some may not agree with the membership rules, our Clubs are bound by Rotary International so please compile you data accurately and send it to me on time.

Peter Bruce, District Attendance Officer

Whats Happening:

ROTARY CLUB OF NERANG

SPECIAL ROTARY FOUNDATION MEETING: WEDNESDAY
NOVEMBER 16, 2011

An invitation is extended to all Rotarians and Partners of your Club to join us at a Special Rotary Foundation Meeting to be held "The Town and Country Restaurant" on the Nerang-Southport Rd., Nerang, at 7.00 for 7.30 p.m. on November 16.

The meeting will be addressed by Rotarian Kay Danes of the Rotary Club of Redlands who was a member of a Rotary International 2008 Afghanistan Humanitarian Mission. Kay has become one of Australia's most recognised humanitarians and has addressed several U.S. Congressional forums and the Conference on World Affairs (2009) on democracy and human rights.

The format of the evening will be "an after dinner" meeting with coffee and chocolates being served on arrival. At the conclusion, drinks will be available at bar prices. The financial surplus from the function will be donated to the Rotary Foundation.

Please advise our Club Secretary, Carol Randall, email randallz@bigpond.net.au by November 8 if you are wishing to attend. Meeting Cost \$25.00



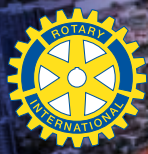
If you have a 'smartphone' with QR you can scan this code and it will take you straight through to our website.

9640 Membership & Attendance: Sept 2011

THIS MONTH YEAR TO DATE

ROTARY CLUB	%	RANK	%	RANK	START	PRESENT	CHANGE
Allora	0.00	=39	0.00	=43	16	16	-
Alstonville	86.30	11	83.78	12	24	23	-1
Ashmore	88.00	=7	90.00	8	41	41	-
Ballina	0.00	=39	0.00	=43	37	37	-
Ballina-on-Richmond	83.00	12	82.00	14	21	18	-3
Beaudesert	80.00	=15	85.00	11	23	22	-1
Boonah	65.70	35	73.80	23	38	39	+1
Broadbeach	68.89	27	69.54	30	49	48	-1
Broadwater-Southport	67.32	30	70.38	=28	42	39	-3
Burleigh Heads	0.00	=39	31.50	41	25	24	-1
Byron Bay	0.00	=39	0.00	=43	11	11	-
Casino	94.28	3	87.07	9	10	10	-
Coolangatta Tweed Heads	61.46	37	62.60	34	26	26	-
Coomera River	60.20	38	65.90	31	19	17	-2
Coomera Valley	67.19	=31	78.90	18	24	24	-
Fassifern Valley	66.20	=33	65.23	32	21	22	+1
Glen Innes	78.29	=19	74.15	22	40	41	+1
Gold Coast Central	0.00	=39	0.00	=43	17	17	-
Goondiwindi	0.00	=39	0.00	=43	34	34	-
Goonellabah	0.00	=39	0.00	=43	24	24	-
Grafton	70.00	=25	70.00	=28	22	21	-1
Grafton Midday	0.00	=39	0.00	=43	23	23	-
Hope Island	0.00	=39	0.00	=43	41	41	-
Iluka	0.00	=39	0.00	=43	14	14	-
Jimboomba	100.00	1	100.0	1	22	23	+1
Kingscliff	76.00	21	78.00	20	9	9	-
Kirra Currumbin	72.50	24	70.75	27	13	16	+3
Kyogle	93.00	4	86.75	10	9	9	-
Lismore	66.00	=33	63.50	33	11	10	-1
Lismore Central	0.00	=39	0.00	=43	14	14	-
Lismore West	94.65	2	95.54	2	38	39	+1
Maclean	79.85	17	80.89	15	38	40	+2
Mermaid Beach	86.80	10	91.62	4	28	28	-
Mt Warning AM (M'bah)	0.00	=39	0.00	=43	33	33	-
Mudgeeraba	88.00	=7	93.50	3	25	22	-3
Mullumbimby	73.58	23	74.95	21	19	18	-1
Murwillumbah	67.00	=31	73.50	24	32	34	+2
Murwillumbah Central	67.50	29	33.75	39	16	16	-
Nerang	88.00	=7	91.13	=5	18	18	-
Palm Beach	61.50	36	54.50	36	17	17	-
Parkwood	0.00	=39	0.00	=43	18	18	-
Robina	92.00	6	91.00	=5	21	21	-
Runaway Bay	75.24	22	72.74	25	25	25	-
Southport	70.00	=25	59.50	35	42	42	-
Southport North	81.10	14	83.40	13	17	17	-
Stanthorpe	0.00	=39	36.15	38	41	42	+1
Summerland Sunrise	0.00	=39	28.85	42	13	13	-
Surfers Paradise	79.13	18	79.78	17	23	23	-
Surfers Paradise Central	0.00	=39	0.00	=43	47	47	-
Surfers Sunrise	82.78	13	78.78	19	44	38	-6
Tenterfield	92.64	5	90.52	7	28	27	-1
Tweed Coast	78.00	=19	39.00	37	18	18	-
Tweed Heads South	68.00	28	71.00	26	17	17	-
Warwick	0.00	=39	0.00	=43	15	15	-
Warwick Sunrise	0.00	=39	33.30	40	20	20	-
Yamba	80.30	=15	80.53	16	25	25	-
Totals	1386	-12					





Rotary International
District 9640 Ltd

Broadbeach Broadsheet



District Governor's Newsletter - Oct 2011

District Governor's Message



• Marymount College Interact Club - chartered and ready to go

Marion and I have now visited 46 clubs in the District. Our journey through the district brings to mind Bruce Woodley's legendary song, "We are one, but we are many". On the one hand, our district has a special unity of purpose in Rotary; on the other, it has a great diversity geographically, economically, and culturally. Even in Rotary, projects that stir the passion of one club are remarkably different from those that stir another. It is an exciting and humbling experience to see the great legacies that clubs in our district have left and continue to leave in their own regions.

It has been a busy month in other ways as we have attended a Fathers' Day concert sponsored by Hope Island, a Race Day organised by my home club of Southport, the selections of team leaders and team members for the Group Study Exchange teams

Marion's Column

Thank you so very much to those clubs that have so far donated to Learn Grow. Our total stands at \$5,500 which is fantastic! If there is anyone who is interested in being the Learn Grow contact person in their club, let me know on marion.r.jones@gmail.com. Food for Thought Kits are available from Learn Grow for those interested in hosting a dinner with a difference to raise funds for Learn Grow. Email info@learngrow.org or phone (03) 6334 3990. Learn Grow offers a solution to a growing problem in developing countries; that of increasing their reliance on imported foods. Precious resources that could be spent on health and education are spent on food imports when local food plants are available.

Cheques for Learn Grow are payable to the Rotary Club of Devonport North, P. O. Box 363, Devonport, Tasmania 7310. For direct payment to Bendigo Bank BSB 633000 and Account No. 131934937

to Arizona (District 5510) and Wisconsin/Minnesota (District 6250) and a meeting of the College of Governors. In addition, I had the joy of being involved with the chartering of a new Interact club at Marymount College sponsored by the Rotary Club of Burleigh Heads. That is the third new Interact club chartered this year and is indicative of the high priority we are placing on *new generations*.

October is *Vocational Service* month and I encourage all Clubs to grasp this opportunity to make a vocational visit, to talk about integrity in business, or to support a vocational award for a person or group. It is also a time when we need to be distributing the special "Humanity in Motion" publication to various part of our community such as health centres, schools, community centres, local government, and tourist locations. This publication is intended to capture the heart and mind of non-Rotarians (as well as Rotarians) and the wider our distribution the greater the opportunity to attract new members from diverse vocations.

My continuing thanks to clubs for their support to the "Horn of Africa" through Disaster Aid Australia. The appeal has reached \$25,000. It is an impressive and moving manifestation of "reach within to embrace humanity".

DG Graham



• How do you top a red carpet welcome



• All part of selecting a GSE Team

A reminder to everyone that our District Conference is at Jupiters here at Broadbeach on the weekend of April 13-15 next year. Our theme is BUILDING FAMILIES/MAKING WAVES. We have programs for young people and we are all going to **Outback Spectacular** on Saturday night so we encourage families to come. If there are Gold Coast Clubs who would like to home host people from our country clubs, I'd like to hear from you. This would make the conference more affordable, encourage more to come and build friendships within our Rotary family.



• Learn Grow card from Coomera River

Please check out the Conference website at www.rotary9640conference2012.org/ You can register online or manually with a hard copy.

Please send articles for the NEWSLETTER to DG Graham at graham.a.g.jones@gmail.com
The deadline is the END of the MONTH BEFORE. That is, for the November Newsletter articles need to reach me by Friday, Oct 28



Cluster 3 Clubs

All clubs in Cluster 3 have been busy involving themselves in Community Programs and focusing on new ideas to increase club membership and Rotary Awareness in their towns. DG Graham and Marion have visited all clubs in the cluster and many have given financial support to Marion's "Learn Grow" fundraising project.

The **Rotary Club of Ballina** held its Annual Duck Race on the October long weekend. This very successful fundraiser has been going for many years and has always created a lot of interest and support in Ballina. This year more than 170 corporate ducks were sold which was a record for the club. A total of over \$10,000.00 was raised on the day.

The club has had a very busy year so far with a full program of guest speakers and is also preparing for the Book Fest early next year. They are seeking donations of books from throughout the town to be sold over a week long sale.

The **Rotary Club of Ballina-on-Richmond** has been concentrating on a membership drive over the last two months. This has been successful with the possibility of four new members. The club is restarting its community Reach Program now that daylight saving has commenced helping community organisations and elderly people with property improvements. President Mick Lyons has reintroduced intra-district club visits. This initiative has seen a refreshing fellowship developing between neighbouring clubs.

The club held its Vocational Awards evening on October 13th. This year a total of seven awards were given out to employees who gave customer service beyond what is expected. Awardees are nominated by club members. Employers and work colleagues were also in attendance to make this a very special evening. The popular Charity Car Rally is planned for the first week of November with other clubs invited to attend.

The **Rotary Club of Mullumbimby** is in a rebuilding phase and taking on a new focus. A sustainable fundraiser is being organized with the club purchasing honey at a very attractive price and selling it at club member's business houses and the local market. It is anticipated that this will raise good money for the club and not be too arduous on its members.

Youth activities have always been a focus with the club giving financial support to Mullumbimby High School who are finalists in the Science and Engineering Challenge. A combined fundraiser for the "Our House" project with the Lions Club of Murwillumbah was organised at Mooball which was a great joint event. Mullumbimby RC and Murwillumbah Lions have a joint fundraiser each year.

The **Rotary Club of Byron Bay** has just commenced a new Community Service Project throughout the shire, by inviting a special guest speaker each month to give an address at a public gathering which is advertised and promoted by the club. The member for Ballina, Mr. Don Page MP. Minister for North Coast was the recent guest speaker with over sixty people in attendance. The club is hopeful that providing quality guest speakers at this information forum could be a good way of attracting new members.

The club has just provided \$4000.00 in scholarships to conscientious Byron High School students from disadvantaged families to further their education. The club has just renewed the information boards at the entrance to Byron Bay; these boards provide ongoing rent for the club.

The **Rotary Club of Lismore West** has inducted two new members into the club this year. The club's GSE nomination of



• *Rotary of Ballina's successful Annual Duck Race.*

dairy farmer Andrew McNamara was successful; Andrew will join the team to go to District 6250 Wisconsin/Minnesota in 2012. This club is very active being involved in all avenues of Rotary. The club was recently involved in a combined Lismore Rotary Club meeting at Southern Cross University where Professor Lee of Southern Cross University spoke of the partnership developed over the years between Lismore Rotary clubs and the university.

Up and coming community events include: assisting on the BBQ Stall at the Lismore Show, open garden display and entertainment fundraising weekend at Bob and Helen Barnes's home and the combined Rotary clubs' get-together at New Italy.

The **RC of Goonellabah** with its new meeting arrangement is attracting previous members back to the club. These past members are adding a great deal of fellowship and regained enthusiasm back to the meetings.

Dr Peter Grunert of the club recently chaired the combined Rotary Clubs of Lismore meeting at Southern Cross University. Seventy Rotarians were in attendance to hear guest speaker Mitch Lowe, Tourism Services Co-coordinator from Lismore City Council, speak on Lismore's tourist activities.

The club will be involved with the Opera in the Channon as a joint fundraising venture with all Lismore clubs in the future.

AG Col Lee

Donations In Kind

Since July 2010, \$1050.00 has been raised from the sale of used postage stamps. The stamps were collected by Rotary Clubs in our District, and delivered to me for sorting, during which time the torn and heavily cancelled stamps were discarded. The finished bags of stamps are taken to stamp days in Brisbane, the Sunshine or Gold Coast where they are auctioned for sale to stamp collectors. The auctioneer nominates that they are from Rotary Clubs and there is often spirited bidding.

Due to the growth of internet communications as well as faxes, there are not as many stamps used for postage, but Rotarians should be pleased to know that their efforts in saving stamps are appreciated. All the money is used to assist with the freight costs of Donations in Kind.

The Rotary Club of Yamba has been very supportive in collecting stamps and their donation of First Day Covers helped to swell the amount of money available for Donations in Kind.

Russell Thomson, Rotary Club of Burleigh Heads

Gold Coast 100 Charity Ride



• Cycling champion Emily Rosemond joined close to 300 riders at the GC100.

Sunday September 11 saw Commonwealth Games bronze medallist Emily Rosemond and close to 300 cyclists, attend the GC100 charity ride on the Gold Coast. This was a major fundraiser for Rosies Friends on the Street program and Rotary Oceania Medical Aid for Children (ROMAC).

Organisers, Parkwood Rotary, today indicated that \$11,000 was raised from the event, which will run for a third time in 2012, on Sunday 9th September. Numbers are expected to increase to 500 riders next year.

Emily said "it was a great course, quite challenging in the elevated areas, with a quick ride home through Coomera and Hope Island."

President of Parkwood Rotary and organiser Mark Twyford said "the total elevation was 1100 metres, that's like riding to Springbrook twice. We had some professional teams who really enjoyed the ride, while our social riders found it challenging and rewarding."

"We had 175 riders for our inaugural event and increased it to just under 300 this year. This year we were also pleased to support our local community through Rosies. We were also fortunate to receive some sponsorship funding to help stage the event, from Swann Insurance and their new CycleSmart cover, designed specifically for the cycling market," Twyford commented.

"Our Rotary charity, ROMAC, is still a beneficiary. ROMAC provides medical treatment for children from developing countries in the form of life-saving and/or dignity-restoring surgery not accessible to them in their home country," Twyford added.

www.gc100.org

Mark Twyford, President, Rotary Club of Parkwood

“Calling all Rotacyclists”

A Rotacyclist is the universal title for Rotarians who ride motorcycles and enjoy the Fellowship of the Road. This particular Fellowship is the International Fellowship of Motorcycling Rotarians (IFMR) which started in Australia and is now active in 17 countries. Have a look at our brand new Website www.ifmraustralia.org and via the simple and inexpensive process of registering as a member, join the other 140+ Rotacyclists spread throughout all Districts

Robin Nuttall

President, IFMR, Australian Chapter

New Members

District Governor Graham extends a warm welcome to our new members:

Kelli Schatz - Ashmore

John Bee - Broadbeach

Marilyn Bee - Broadbeach

John Monks - Broadbeach

Our Newest Paul Harris Fellows

Congratulations to all recipients named below and the sponsor Clubs for their continued support of The Rotary Foundation

Michelle Wachter - Sapphire - Southport

Supporting a rural doctor or nurse

Many of us know the irritation of waiting to be seen at our GP's office. The frustration at wasting a few minutes flicking through old magazines often outweighs the appreciation of knowing that there will be a doctor available to us when our name is called. But for the 37% of Australians who live in a non-metropolitan area, 'popping in to see a doctor' is not always an option.

A low number of rural doctors and nurses, poor funding and the vast geographical size of rural hospital and clinic catchments places an increasing amount of pressure on health care services and workers in rural and remote settings.

Australian Rotary Health is actively supporting rural health care by providing scholarships to student doctors and nurses who agree to attend a placement in a rural or remote community. This scholarship allows the recipient to see what a rural community has to offer both personally and professionally and encourages them to consider a medical career in rural Australia upon graduation.

Not only do rural placements help foster ties between medical and nursing students with rural communities, they also allow students to see and experience a range of clinical problems that would not commonly be present in metropolitan communities, all the while being exposed to a new and adaptive learning environment.

To find out how your Rotary Club can be involved in sponsoring a rural doctor or nurse, contact Cheryl Deguara, Programs Co-ordinator, on (02) 8837 1900 or cheryldeguara@australianrotaryhealth.org.au.



District 9640 Rotary Foundation News

Permanent Fund

It was extremely pleasing to see the support our District received for the Annual Programs Fund in 2010/11.

However, our support for the Permanent Fund, TRF's legacy or other avenue for providing long-term obtaining funding, has stagnated over the past three years. Our total of benefactors, those Rotarians who have bequeathed US\$1000 in their will to the Permanent Fund, has remained steady around 175 over this period. Benefactors world-wide have reached over 83,500 and is growing strongly.

The Bequest Society of the Permanent Fund now has close to 8000 members (those Rotarians who have bequeathed US\$10,000 or more in their will). Together, Benefactors and Bequest Society members have tracked committed "expectancies" totalling approximately US\$450 million; a large proportion of the Fund's approaching US\$700 million assets plus expectancies.

This illustrates how Rotarians world-wide are appreciative of the object of Rotary, and are willing to contribute to its standing when they can no longer serve or attend meetings. It is a simple process to become a Benefactor or Bequest Society member, by a change to an existing will with a codicil or creating a new will, naming The Rotary Foundation's Permanent Fund as a beneficiary. You also need to fill out and sign the Benefactor Commitment Form and send it to Parramatta in order to receive a certificate and your "wings".

An example of a codicil and its application instruction, along with the Commitment Form, can be found on our District's website, in The Rotary Foundation drop down section.

PHF Recognition Process Improvement

From 1st October, TRF recognition points are now being awarded for all contributions to the Annual Programs Fund; PolioPlus or the sponsor portion of a Foundation grant. One Foundation

Recognition Point will be given for every US Dollar contributed to those funds, which can then be extended to others to help them become a Paul Harris Fellow. Donors will no longer need to be a PFH themselves before Foundation recognition points are awarded.

There are also new and improved reports available to Club and District Officers on the Member Access portal of the RI website, including reports on Benefactors; Club Summary Recognition; Donor History; Every Rotarian, Every Year Eligibility; and Monthly Contribution.

This should assist clubs and members to understand their TRF contribution records much better in the future.

Rotary Theatre Night

The District has arranged with the Gold Coast Little Theatre, for a special charity performance of the new musical comedy "Twice in a Lifetime". This is an Australian premiere of a play by Ray Cooney, a well-renowned English playwright with several big hits to his name.

We have booked the theatre, which is in Scarborough Street, Southport and holds about 150 seats, for Monday 28th November. Pre-show drinks from 7.15 p.m., with curtain up at 8 o'clock and we will meet the cast after the show. We would like to be booked out a week earlier, so we suggest you book asap.

Tickets are \$30 each and are now available through Gold Coast Clubs. Further information can be obtained by contacting Phil Rosenberg on (07) 5538 0254 or myself on (07) 5564 9121.

Proceeds will be for ROMAC and PolioPlus, our two most prominent fundraisings for children's health and well-being, and it promises to be a great night of fun and fellowship.

Doug Brown

DRFCC

Supporting healthy minds, bodies and communities for 30 years

Mental illness can affect anyone at any age and is close to becoming an invisible epidemic, affecting one in five Australians every year. So fast is this problem growing that depression and anxiety are expected to become the world's leading cause of disability within the next eight years.

This year, mental health was put back in the spotlight when the Federal Government invested \$2.2 billion over a five year period into mental health services, allowing the 1500 people on average turned away from psychiatric units and emergency rooms each day another possible avenue of treatment.

The success of these services is heavily reliant on the research funded through donations to organisations such as Australian Rotary Health who allow mental health professionals to stay informed of the most recent research findings in areas of mental health.

Australian Rotary Health is Australia's largest non-government funding body for mental illness research. Thanks to the

generous support of Rotarians Australia wide over the past 30 years, Australian Rotary Health has raised over \$26 million in donations that have facilitated better treatment and services for all Australians, in particular those who are least able to assist themselves.

In the past year alone, researchers funded by Australian Rotary Health have unearthed links between symptoms of depression and anxiety and dietary habits, as well as discovered depression to be a long term side effect of other illnesses such as cancer. By continuing to fund research that uncovers possible causes of mental illness, Australian Rotary Health brings the possibility of prevention all the more closer.

If you would like to know more about Australian Rotary Health, please visit our website at www.australianrotaryhealth.org.au or call 02 8837 1900 for more information. All donations over \$2 are tax deductible.

